

She Leads

Career Navigation Programme

Communicate your value, navigate a successful career and get paid your worth!

ONLINE PROGRAMME OVERVIEW

What is included in the programme?

WORKOUT 1:

How To Develop The Mindset Of A Empowered And Confident Woman

In this workout, you will dig deep and start to connect with who you want to become. You will identify and replace those negative self-beliefs, and develop the mindset shift you will need to step forward with belief and self worth, to attain a future you can be proud of.

WORKOUT 3:

How To Gain Clarity Of Your Direction And Goals

In this workout, your hopes and aspirations start to reveal themselves. Insight and clarity settle in. You feel enlightened and super excited. You can see a plan of attack for the life you want to lead!! You will have some major aha moments and may even celebrate you for being you!!

WORKOUT 4:

How To Navigate The Job Hunt

You are now clear on who you are and have created a direction of travel. In this workout, you will put in place strategies to communicate your brand, extend and leverage your network, and build and cultivate resilience because you are about to commence the journey to obtain what you want and deserve.

WORKOUT 2:

How To Define And Bring Your Leadership Brand To Life

In this workout, you will get super intentional, and discover and appreciate your authentic self. We get to the core of who you are. What is your value proposition and impact you are here to make?



WORKOUT 5:

How To Develop A Strong Impactful Cover Letter

In this workout, we need to prepare you to stand out from the crowd and get your first step in the door. Your cover letter is the window to your brand, value proposition, relevant experience, and desire for the role. You will be equipped with the "how do" write these well.

WORKOUT 6: How To Create A CV That Gets Noticed!

In this workout, you are going to create a CV that is impactful, powerful and all things wahine toa (confident woman)! You are going to excite that potential employer and ensure you are placed on the yes pile for an interview.



WORKOUT 8: How To Negotiate A Salary Package You Deserve!

In this workout, I'm going to share all the various levers you can pull to get a yes to a salary increase, and ensure you have the skills to negotiate like a wahine toa. Let's make negotiation your superpower!

WORKOUT 10: How To Create Impact On The Job From Day 1

You are no longer passive in your career. You are happy and in control. You want to assure your new employer they were right in their decision by showing up with a plan and being the proactive wahine they need you to be. I'll show you how.



WORKOUT 7: How To Nail The Interview Process

In this workout, you will get ready for an interview. You are going to get the magic sauce to ensure you show up as a Confident and Empowered Women and smash it out the park.

WORKOUT 9: How To Resign With Professionalism And Grace

Reputation is everything. We are going for a strong finish that aligns with your newly discovered brand. Tricks, tips, and templates just for you to leave your existing place of work with mana intact and robust relationships forged.

WORKOUT 11: How To Reflect, Stay Ahead Of The Game And Plan For The Future

This final - and vital - workout is all about reflection. It's your chance to pause and consider: What have you learned about yourself throughout this journey? And what truly matters to you as you move forward? Together, we'll harness your growth mindset and elevate your influence, so you can fully embrace your current opportunity and feel confident, clear, and ready for your next move - whenever the time is right. We will celebrate your success!!

Hoake! Let's go!!